



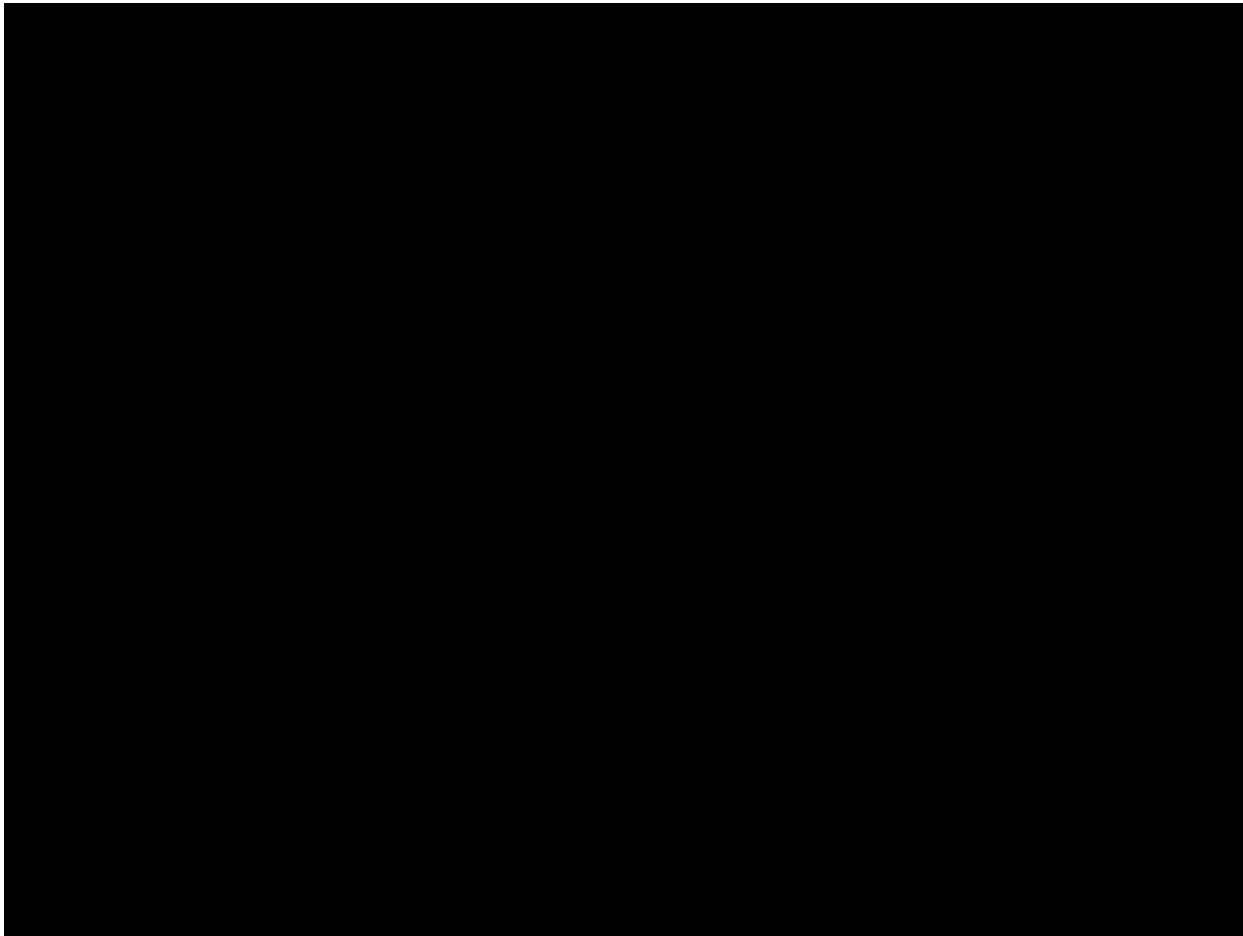
Everyone Deserves a Music-Filled Life

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Engage • Improve • Excel

Music Therapy: A New Perspective



Music Therapy



As defined by the American Music Therapy Association, “Music therapy is the clinical and evidence-based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program.”

Music Therapy in Fulton County

- Program began with one music therapist (MT) in 1990
- As of 2012, there are 13 MT's in the school system
- Music Therapy services provided to 1,600 students with disabilities in 64 schools
- Fulton County is an approved American Music Therapy Association (AMTA) internship site (since 1998).
 - More than 60 interns trained to date

Music Therapy in Fulton County

- Program funded locally through Music Education Department
- Allocation formula based on number of special needs classes
- Schedules developed departmentally
- Music therapists must hold state certification in music education and national board certification for music therapy

Who Receives Music Therapy Services?

The following groups of students qualify for services under the Individuals with Disabilities Education Act (IDEA)

- Specific Learning Disabilities
- Speech/Language Impairment
- Intellectual Disabilities
- Severe Emotional Disorders
- Hearing Impairments
- Other Health Impairments
- Visual Impairments
- Autism Spectrum Disorder
- Traumatic Brain Injury
- Specific Developmental Delays

Eligibility Process

- Students with an Individualized Educational Plan (IEP) are eligible for music therapy services
- Music therapy is listed as a related service on the IEP
- Music therapy replaces the regular music curriculum track for certain students
- Blanketing Exceptionalities



Success in General Music

Music Skills Checklist – skills needed for success in
General Music for students at the elementary level

- Behavioral skills
- Cognitive skills
- Communication skills
- Social/Emotional skills
- Performance Standards in music
- Recommendation of the MT

Common Benchmarks for Development

Music therapy addresses the full spectrum of:

- Sensory/Cognitive Development
- Motor Skills Development
- Psycho-Social Development
- Communication Skills
- Musicality



How Music Therapy is Delivered



- Weekly group sessions (45 minutes)
- Weekly Individual sessions (30 minutes)
- Group sessions (30 minutes) twice weekly
- ACTIVITY TIME!

Responsibilities of the Music Therapist

- Review IEP's, observe and assess students to determine appropriate goals and objectives
- Collect data as needed
- Create a treatment plan for each student and evaluate regularly
- Design and implement music therapy sessions
- Follow *Code of Ethics in Music Therapy* – established by AMTA

Music Therapy in Secondary Education

- Current events and how they relate to music
- Large group music making/participation
- Historical musical relevance
- Creating a musical preference
- Living a life with music as a priority
- Leisure skills
- Music and Technology, WOW!



Opportunities to Earn Fine Arts Credit

- Design appropriate music classes for students with disabilities working on a general education diploma
 - Music appreciation
 - Drum circles
 - Elements of music (melody, rhythm, harmony, form, style, tone color, and expression)
 - World music, Jazz, music in different cultures
 - Keyboards, guitars and Orff instruments

Therapeutic Benefits of Performing

- Increases self-expression
- Increases desire to create together
- Increases musical skills
- Increases self-worth
- Increases feelings of satisfaction and accomplishment
- Increases community opportunities for ALL!
- SHOW DVD from Sweet Apple ES Performance

Creating a Music Therapy Program

- Where are the students with disabilities located in the Montreal school system?
- Is music education offered at the schools where students with disabilities are attending?
- Is teacher certification required to serve groups of students?
- Think “out of the box” enter a “back door”
- Sustaining and growing a music therapy program

We NEED to make MUSIC Together!

